COVID-19 Update April 7, 2020: Public Health Updates Positive Cases, Recoveries; Announces Additional Death

SMYRNA — The Delaware Division of Public Health (DPH) is announcing one additional fatality related — to coronavirus disease 2019 (COVID-19), and is providing an update on the number of positive cases and recovered individuals.

In total, 16 Delawareans have passed away due to complications from COVID-19. The most recent death involves a 67-year-old male from Sussex County who had underlying health conditions and was hospitalized. Individuals who have died from COVID-19 ranged in age from 66 to 94 years old.

As hospitals continue to see an increase in hospitalizations due to COVID-19, the Division of Public Health will now report the total number of individuals hospitalized and those considered to be in critical condition in Delaware hospitals, including both Delaware and non-Delaware residents. The remaining categories of case statistics reported by DPH represent Delaware residents only.

The latest Delaware COVID-19 case statistics, cumulatively since March 11, include:

- 928 total laboratory-confirmed cases
- New Castle County cases: 571
- Kent County cases: 147
- Sussex County cases: 210
- Males: 415; Females: 497; Unknown: 16
- Age range: 1 to 97
- Currently hospitalized: 147; Critically ill: 52 (This data represents individuals currently hospitalized in a Delaware

hospital, and is not cumulative.)

- Delawareans recovered: 144
- 7,628 negative cases*

*Data on negative cases are preliminary, based on negative results reported to DPH by state and commercial laboratories performing analysis.

DPH epidemiologists are transitioning to a new data reporting system. During the transition period, not all fields (sex) have complete information.

To protect personal health information, DPH will not disclose additional information about the individuals who passed away, nor will DPH confirm specific information about any individual case, even if other persons or entities disclose it independently.

Delaware is considering patients fully recovered seven days after the resolution of their symptoms. Three days after symptoms resolve, patients are no longer required to self-isolate at home; however, they must continue to practice strict social distancing for the remaining four days before returning to their normal daily routine.

Widespread community transmission is occurring throughout the state, which means COVID-19 is actively circulating in the community. If you are sick with any of the following symptoms, stay home: fever, cough, shortness of breath, sore throat, muscle fatigue, or digestive symptoms such as vomiting, diarrhea, abdominal pain or lack of appetite. If you are sick and need essential supplies, ask someone else to go to the grocery store or the pharmacy to get what you need.

If you think you have been exposed to someone with COVID-19, or have symptoms of illness, make sure to distance yourself from others, particularly vulnerable populations. Older adults and people of any age with serious underlying medical

conditions — including serious heart conditions, chronic lung conditions, including moderate to severe asthma, severe obesity and those who are immunocompromised, including through cancer treatment — might be at higher risk for severe illness from COVID-19.

Answers to frequently asked questions related to testing for COVID-19 in Delaware are available online at de.gov/coronavirus.

Statewide testing at standing health facility testing sites require a physician's order or prescription to be tested (*Bayhealth patients will be pre-screened via phone without needing to see a provider first). These are not walk-in testing sites. Those without a primary care provider can call the DPH Call Center Line at 1-866-408-1899. Individuals awaiting test results, should wait to hear back from their medical provider. The DPH Call Center does not have test results.

DPH began a new collaboration this week with the United Way of Delaware to triage incoming calls related to COVID-19. Anyone with a question about COVID-19, whether related to medical or social service needs, should call Delaware 2-1-1; or 7-1-1 for individuals who are deaf or hard of hearing, or text your ZIP code to 898-211. Hours of operation are 8 a.m. to 9 p.m. Monday through Friday; 9 a.m. to 5 p.m. Saturday and Sunday.

In addition, the Division of Public Health asks any Delaware health care, long-term care, residential, or other high-risk facility with questions or concerns to email: DPH_PAC@delaware.gov or call the DPH Call Center at 1-866-408-1899 and press ext. 2.

Health-related questions can also be submitted by email at DPHCall@delaware.gov.

DPH will continue to update the public as more information becomes available. For the latest on Delaware's response, go

to de.gov/coronavirus.

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